

Autism spectrum disorder (ASD) resources for children, adolescents, and families



Beaming Health beaminghealth.com

Search engine for local resources, education, and services for children with ASD.



Mental Health providers

Connections: Family and Behavioral Services

connectionsfb.com | (831) 296-0006 | info@connectionsfb.com

Provides evidence-based mental health services specializing in ASD, ADHD, as well as developmental and learning disabilities. Locations in Salinas, Seaside, Watsonville, and Soquel. In network with Beacon (Central California Alliance for Health) and currently accepting new patients.

The Equine Healing Collaborative

equinehealing.org | (831) 293-4492 | admin@equinehealing.org

Offers equine-assisted psychotherapy sessions on a sliding fee basis and turns no one away based on ability to pay. Provides individual support and group retreats.

Paul Fierro, LMFT

paulfierrolmft.com | info@paulfierrolmft.com | (831) 268-6328

Has expertise in areas including mild to moderate ASD. Does not accept insurance but offers a sliding scale. \$150 per individual therapy session for children, adolescents, and adults.

Peninsula Pediatric Therapy, P.C.

peninsulapediatric.com

Elisa has advanced training and extensive experience working with children who face challenges including difficulties with self-regulation, executive functioning challenges, fine motor delays, feeding difficulty, autism, and developmental delays.

Spread Your Wings

spreadyourwingsllc.com | (916) 246-2488 | hr-dept@sywca.com

Offers high-quality independent living, supported living, behavioral health services, and day programs.

Tricia Lara, LMFT

(831) 453-0442

Program Director with Connections: Family and Behavioral Sciences. In network with Anthem, Beacon, and Optum. Out-of-network billing is available.



Neuropsychiatric assessments

Center for Social Dynamics

csdautismservices.com

Opens a world of possibilities for those with autism and other developmental needs through science, compassion, and humility.

Montage Medical Group

montagemedicalgroup.org | (831) 333-3040

Reach a healthier future, build resiliency and confidence, and strengthen your relationships with the help of supportive professionals.

Monterey Therapy Center

montereytherapycenter.com | (831) 372-2929

kim@montereytherapycenter.com

Kim and Larry Conte offer autism therapy, parent coaching, life coaching, and hypnosis.



Neuropsychiatric assessments *continued*

Psyched Psychological Services Inc.

psychedpsychologicalservices.com | (805) 267-6718
staceytouhy@gmail.com

Cognitive, behavioral, emotional, and ASD evaluations. Certified in ADOS-2 (gold standard for ASD formal diagnosis and testing).

Stanford Medicine Children's Health

stanfordchildrens.org | (650) 725-8995

Provides comprehensive assessments and customized recommendations for care and support for development, behavior, or social communication skills.

Vanessa Barbosa, PsyD, QME

(831) 484-7422

Bilingual licensed clinical psychologist with more than 12 years of clinical practice and eight years of forensic experience assessing and treating mental health symptoms and disorders in culturally diverse individuals and families.



Applied behavior analysis (ABA) and social skill support

BIA

bia4autism.org | (877) 242-2884

Services are offered via a hybrid program, combining clinic-based, in-home, and community settings. Also offers social skills groups and parent training workshops. Locations in Monterey/Salinas, Fresno/Merced, and San Francisco Bay Area.

Bright & Quirky

brightandquirky.com

This online platform provides opportunity for youth-based programs for those considered "twice exceptional" due to dually existing identities such as ASD, ADHD, anxiety, or other learning disabilities.

Center for Social Dynamics

csdautismservices.com | (877) 910-6538

Provides ABA, occupational therapy, social skills, and early intervention (birth to age 3) services through in-home and center-based ABA, occupational therapy, social skills groups, parent-led support, and parent and family education.

Growing Social

growingsocial.org | (408) 806-4603 | info@growingsocial.org

Teaches social learning in a highly motivating outdoor environment to those with social learning differences including social communication disorder, high functioning autism, ADD/ADHD, social anxiety, and those without a formal diagnosis but who struggle to navigate the social world.

Kyo

kyocare.com | (877) 264-6747

Provides in-home, in-school, and center-based ABA services.

Life Applied

life-applied.com | (831) 754-1603 | info@life-applied.com

Serves individuals with developmental disabilities up to 5 years old and adolescents 10–22 years old. The child program includes ABA, early intervention, intensive intervention, speech therapy, occupational therapy, and parent training. The adolescent and young adult program includes functional behavior assessment, ABA, and social, mobility, community integration, independent living, parent, and adaptive skills training.

TheraSens

therasens.com | (831) 250-6770 | info@therasens.com

Provides individual therapy for children and adults and offers social classes for ages 3–12. Services include occupational, physical, pelvic floor, and hand therapy. Most insurances are accepted.

Trumpet Behavioral Health

tbh.com | (831) 424-5565

Provides ABA services to children and adolescents as well as language, social, early intervention for autism, toilet, and adaptive living skills training.



Education and care coordination

San Andreas Regional Center

sanandreasregional.org | (831) 900-3636

Provides service coordinators, consumer services, and community services such as ABA therapy and supported living agency with an evaluation report for recommendations.

Special Kids Connect

specialkidsconnect.org/programs | (831) 372-2730

Supports children and families through resources, empowering parents, and offering recreational programs for children that promote social skill development and inclusion in community settings.



Parent and family support

ASPEN

aspennj.org

Provides families and individuals whose lives are affected by ASD and nonverbal learning disabilities with education about the issues surrounding the disorders and support in knowing they are not alone.

The Autism Project

theautismproject.org | sjewel@lifespan.org

Offers Parent to Parent, a five-week training series for parents of children newly diagnosed with ASD, in English and Spanish.

Autism Society San Francisco Bay Area

sfautismsociety.org

Provides a robust hub of information, resources, networks, and advocacy to help advance common goals for the Bay Area's 20,000+ autism families.

Autism Speaks

autismspeaks.org

Promotes solutions for the needs of individuals with autism and their families.

BIA

bia4autism.org | (877) 242-2884

Offers individual parent training provided by a licensed marriage and family therapist with a background in ABA and acceptance commitment therapy.

The Carmel Foundation

carmelfoundation.org | (831) 646-8196

Caregiver support groups to share challenges and new ideas.

Geneva Centre for Autism

autism.net

Provides an interactive space to learn new skills and strategies to support your child/youth at home and in the community.

GRASP (Global and Regional Autism Spectrum Partnership)

grasp.org/membershipsupportgroups | info@grasp.org

Offers two virtual parent support groups through Facebook. Unable to accept health insurance as these are peer-run online groups.

MyAutismTeam

myautismteam.com

Free social network for parents of kids with autism.

Parents Helping Parents

php.com

Monthly support group for parents and caregivers of individuals with ASD.

Special Parents Information Network (SPIN)

spinsc.org | (831) 722-2800 | info@spinsc.org

Nonprofit parent-to-parent support and information network serving parents, guardians, and families in Santa Cruz and San Benito Counties who have a child or children of any age with special needs.

Support for Families

supportforfamilies.org

Caregiver groups provide space for participants to seek peer-to-peer support from one another as well as practical information and education.



Online support

The 3 areas of executive function

understood.org

Executive function learning and resources.

CoachBit

coachbit.com

Services include executive functioning coaching, ADHD coaching, and life coaching.

Wyzant Tutoring

wyzant.com

Search engine offering a large list of tutors who offer online executive coaching services.



Coaching

Academic Coaching Works

academiccoachingworks.com | (408) 205-5838

Offers student, parent, and academic coaching through learning styles, work habits, and understanding current challenges or obstacles to success.

BrainMatterZ

brainmatterz.com | (831) 917-3330

Dr. Tere Linzey, a licensed psychologist with neuropsychologist certification, offers psycho-educational assessments and cognitive assessments along with a variety of programs including fine motor skills, visual processing speed, and attention focus.

Mandi Forest

mylifecoach360.com

Certified academic life coach, veteran home educator, speaker, career coach, and ACC ICF coach with services including teen mentorship, parent support groups, career exploration, resources, and teen, young adult, and parent coaching.

Seabright Coaching

seabrightcoaching.com | (207) 632-8102

Offers customized strategies and online coaching to develop executive functions.



Speech therapy

Brittany Kalinowski, MS, CCC-SLP

mbsociallanguagecenter.com | (831) 205-0056

Speech and language consultation, evaluation, and treatment services based on current research and the specific needs of the client, family, and community. An emphasis is placed on improving communicative independence, fostering a strong sense of self, and developing social relationships through communication.

Central Coast Language and Learning Center, Inc.

coastalllearning.org | (831) 645-7900

Provides individuals and their families with strategies and solutions to resolve communication difficulties.

Pediatric Therapy Center

ptc-sc.com/occupational-therapy | (831) 684-1804

Adolescent speech therapy in Aptos.



Occupational therapy

PROVIDERS IN MONTEREY COUNTY

Children's Therapy Center, Co.

childrenstherapycenter.com/services | (831) 293-9899

Provides a complete and integrated approach to supporting mind and body development and growth so children are better able to manage their complex emotions, cope with the sometimes-overwhelming demands of the environment, and participate in their daily lives as independently as possible.

Life Applied

life-applied.com | (831) 998-8475 | info@life-applied.com

Serves individuals with developmental disabilities up to 5 years old and adolescents 10–22 years old. The child program includes ABA, early intervention, intensive intervention, speech therapy, occupational therapy, and parent training. The adolescent and young adult program includes functional behavior assessment, ABA, and social, mobility, community integration, independent living, parent, and adaptive skills training.

Peninsula Pediatric Therapy:

Elisa Pollard-Gensberg, MSOT, OTR/L, C/NDT

peninsulapediatric.com

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TheraSens

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PROVIDERS IN SURROUNDING AREAS OF MONTEREY COUNTY

Center for Social Dynamics

csdautismservices.com | (408) 843-9350

Provides ABA, occupational therapy, social skills, and early intervention (birth to age 3) services through in-home ABA, center-based ABA, occupational therapy, social skills groups, parent-led support, and parent and family education.

Pediatric Therapy Center

ptc-sc.com/occupational-therapy | (831) 684-1804

Specializes in therapies including sensory motor integration, neurodevelopmental, feeding/oral-motor, fine motor/graphomotor/perceptual motor, and relationship/play skills. Located in Aptos.



Dentistry

Central Coast Pediatric Dental Group

centralcoastpediatricdentalgroup.com/pediatric-dentistry

Offers diagnostic and preventive services including digital X-rays, dental exams and cleanings, emergency care, restorative procedures including dental fillings and crowns of primary teeth, pulpotomies of primary teeth, dental extractions, and restorative procedures using oral sedation.

Moonflower

moonflowerdentistry.com/pediatric-dentistry | (831) 649-1055

Adult and pediatric dentist in Pacific Grove.



Ohana
Montage Health